

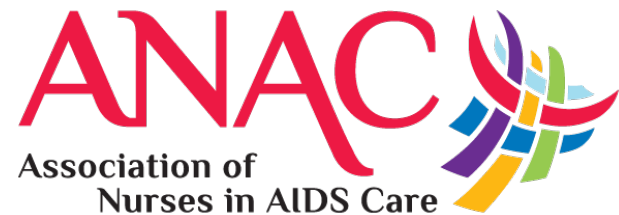


QUALITY HEALTHCARE FOR

# People aging with HIV through nurse-led care

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Association of Nurses in AIDS Care

Graying Of HIV Symposium  
September 9, 2022



# Disclosures

I have no relevant conflict of interest or other financial disclosures regarding this talk.

# Association of Nurses in AIDS Care

**Mission:** ANAC fosters the professional development of nurses and others involved in the delivery of health care for persons at risk for, living with, and/or affected by the human immunodeficiency virus (HIV) and its comorbidities. ANAC promotes the health, welfare, and rights of people living with HIV around the world.

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# People aging with HIV through nurse-led care

A multi-dimensional educational program

- Expert Advisory Committee
- Web-based clinical & policy resources
- HIV & Aging Policy webinars
- Gerontology Partners
- Educational Modules



GILEAD

ANAC  
Association of  
Nurses in AIDS Care





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# People aging with HIV through nurse-led care

The series of seven comprehensive, on-demand, on-line modules will expand knowledge, skills and strategies for providing optimal care for people living and aging with HIV. Intended for RNs, APRNs, LPNs and CNAs who work in gerontological or HIV settings, all healthcare team members will benefit from viewing.

## **Goals:**

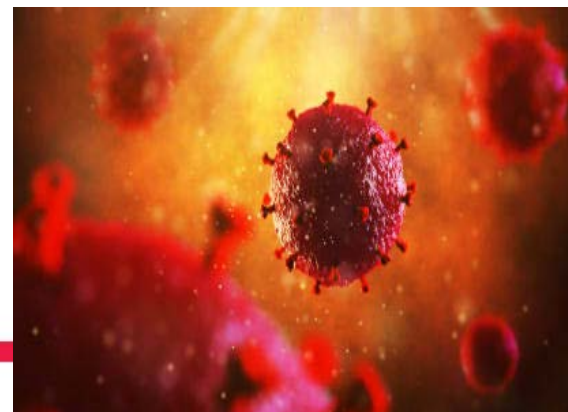
- Expand knowledge and skills to provide quality nursing care for people living and aging with HIV.
  - Provide information on common co-morbidities and co-occurring conditions in people living and aging with HIV.
  - Enhance understanding of the unique psycho-social aspects of aging with HIV.
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# People aging with HIV through nurse-led care

## HIV Foundations

This learning activity provides an overview of the basics of HIV treatment and prevention. Information on HIV epidemiology, transmission, HIV pre-exposure prophylaxis, and principles of HIV treatment adherence are discussed. Information about the impact of stigma and ways to reduce it are covered, including discussion of the Undetectable Equals Untransmittable (U=U) campaign and use of person-centered language.



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# People aging with HIV through nurse-led care

## Creating An Inclusive Space

One of the key strategies for providing successful HIV treatment is engaging and retaining individuals in care. Creating a culture that recognizes the diversity of persons living and aging with HIV and fostering an environment that is welcoming and safe is a key element in retaining individuals in care. Additionally, making sure that services are accessible for older adults who may be challenged with mobility or other sensory impairments is another element in creating an inclusive space.



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# People aging with HIV through nurse-led care

## Brain Health, Cognition, and Mental Health

Age-related co-occurring conditions may be exacerbated by HIV and its treatments. Learn how HIV and aging interact to increase risk for several co-occurring conditions including renal and liver disease, cancer, metabolic conditions, and frailty. Care coordination strategies that can improve health outcomes for the older adult with one or more of these co-occurring conditions are discussed.







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# People aging with HIV through nurse-led care

## Brain Health, Cognition, and Mental Health

Conditions affecting mood and cognition can impact quality of life for people with HIV as they age into older adulthood. This learning activity will provide an overview of HIV-Associated Neurocognitive Disorder (HAND), as well as other conditions that may impact mood and cognition. Strategies for assessing and managing these conditions will be reviewed. The impact of living with these conditions will be highlighted through a patient's personal perspective





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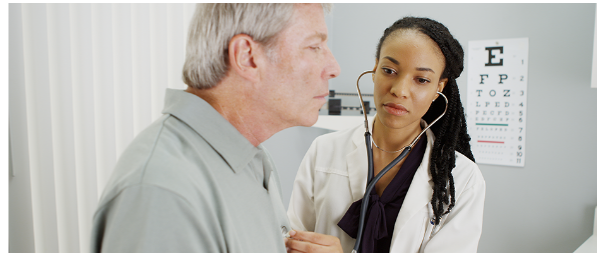
# People aging with HIV through nurse-led care

## Under Construction

- Cardio-vascular Health
- Quality of Life Part One
- Quality of Life Part Two

Aspects of aging with HIV that impact health, comfort, function, and the ability to participate in or enjoy every day life events are examined. Topics such as sensory deficits, sexual health, relationships and community and other supports are featured.

## HIV & AGING



HIV has become a chronic, manageable condition. This progress means that for the first time, people living with HIV are aging and face new challenges to health and wellness. People aging with HIV are likely to face a myriad of challenges: clinical, psychosocial, financial and logistical. Aging with HIV is a complex mix of long-term treatment effects, early onset of general aging, comorbidities and other confounding factors including mental health and psycho-social factors that affect quality of life.

We have developed multi-dimensional educational modules with the overall goals of:

- Ensuring that aging persons with HIV (PWH) are provided the best possible care regardless of the setting
- Achieving optimal nurse led care coordination for aging PWH by nurses/nurse practitioners in settings where older patients are served
- Supporting self-care and patient wellness for aging PWH



Learning Modules

Overview of HIV and Aging

New in HIV and Aging

Resources

Scholars Program

Expert Advisory Committee



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# Q & A Discussion



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